

# STATE OF MONTANA



## Governor's Proclamation



***WHEREAS**, mental illness affects our friends, family members, and neighbors, with over 23 percent of adults in the United States living with a mental illness; and*

***WHEREAS**, social isolationism rose dramatically during the pandemic and has affected many Americans over the last few years, including here in Montana; and*

***WHEREAS**, on average, just over half of those affected by mental illness seek treatment due to stigma and a lack of awareness, including young adults who struggle with mental illness; and*

***WHEREAS**, individuals living with mental illnesses are not alone in their battle, nor should they feel alone, and should seek support from their family, friends, coworkers, and neighbors;*

***NOW, THEREFORE, I**, Greg Gianforte, Governor of the State of Montana, do hereby proclaim May 2026*

### **MENTAL HEALTH AWARENESS MONTH**

in Montana to destigmatize mental illness and support Montanans living with mental illness today.

**GREG GIANFORTE**

**Governor**