## STATE OF MONTANA



## Governor's Proclamation



WHEREAS, mental illness affects our friends, family members, and neighbors, with nearly 20 percent of adults in the United States living with a mental illness; and

WHEREAS, social isolationism has risen dramatically in the last few years, including here in Montana; and

WHEREAS, on average, less than half of those affected by mental illness seek treatment due to stigma and a lack of awareness surrounding the issue, including young adults who struggle with mental illness; and

WHEREAS, individuals living with mental illnesses are not alone in their battle, nor should they feel alone, and should seek support from their family, friends, coworkers, and neighbors;

NOW, THEREFORE, I, Greg Gianforte, Governor of the State of Montana, do hereby proclaim May 2025

## MENTAL HEALTH AWARENESS MONTH

in Montana to destigmatize mental illness and support Montanans living with mental illness today.

GREG GIANFORTE
Governor