

# STATE OF MONTANA



## *Governor's Proclamation*



*WHEREAS, mental illness affects our friends, family members, and neighbors, with nearly 20% of U.S. adults living with a mental illness before the COVID-19 pandemic; and*

*WHEREAS, social distancing and closures associated with the COVID-19 pandemic have contributed to this issue, leaving many Montanans feeling more alone and isolated than ever; and*

*WHEREAS, on average, less than half of those affected by mental illness seek treatment due to stigma and a lack of awareness surrounding the issue, with young adults that struggle with mental illness less inclined to receive treatment than adults; and*

*WHEREAS, individuals living with mental illnesses are not alone in their battle, nor should they feel alone, and should seek support from their family, friends, coworkers, and neighbors;*

*NOW, THEREFORE, I, Greg Gianforte, Governor of the State of Montana, do hereby proclaim May 2021 to be*

### **MENTAL HEALTH AWARENESS MONTH**

in Montana to destigmatize mental illness and support Montanans living with mental illness today.



**GREG GIANFORTE**  
**Governor**